

Unilever Nutrition Criteria (November 2013)

All values presented are maximum levels unless otherwise stated

PRODUCT GROUP	ENERGY	SODIUM	SATURATED FAT	SUGARS	TRANS FAT from PHVO
Spreads and Cooking Products	NA	720 mg/100g or 1.6 mg/kcal	33% tot fat	NA	≤1 g/100g
Emulsion-based sauces	NA	1080 mg/100g	33% tot fat	25 %en total sugars	≤1 g/100g
Water-based sauces	NA	1080 mg/100g	NA	7 g added sugars/100g	≤1 g/100g
Dairy cream alternatives	NA	100 mg/100g	2 g/100g	7 g added sugars/100g	≤1 g/100g
Cream cheese	NA	900 mg/100g	15 g/100g	NA	≤1 g/100g
Main dishes	NA	2.2 mg/kcal	13 %en	NA	≤1 g/100g
Side dishes	NA	250 mg/100g	NA	NA	≤1 g/100g
Processed meat	NA	800 mg/100g	13 %en	NA	≤1 g/100g
Processed fish	NA	800 mg/100g	33% tot fat	NA	≤1 g/100g
Meal sauces	NA	540 mg/100g	2 g/100g	NA	≤1 g/100g
Bread	NA	375 mg/100g	NA	NA	≤1 g/100g
Breakfast cereals	NA	375 mg/100g	NA	28 g added sugars/100g	≤1 g/100g
Filled sandwiches/rolls	NA	1.6 mg/kcal	13 %en	NA	≤1 g/100g
Seasonings	NA	360 mg/100g	NA	NA	≤1 g/100g
Soups	NA	360 mg/100g	2 g/100g	NA	≤1 g/100g
Ice creams	110 kcal/serve	NA	3 g/serve (1.5 g/serve if ≤ 60 kcal/serve)	20 g added sugars/100g	≤1 g/100g
Water ices	110 kcal/serve	NA	NA	20 g added sugars/100g	≤1 g/100g
Savoury snacks	110 kcal/serve	100 mg/100g, or 1.6 mg/kcal	13 %en	-	≤1 g/100g
Sweet snacks	110 kcal/serve	100 mg/100g, or 1.6 mg/kcal	13 %en	20 g added sugars/100g	≤1 g/100g
Beverages	NA	NA	NA	7 g added sugars/100g	≤1 g/100g
All other products	NA	100 mg/100g, or 1.6 mg/kcal	2 g/100g, or 33 %tot fat, or 13 %en	7 g added sugars/100g, or 25 %en total sugars	≤1 g/100g