

Kwality Wall's (Typical values, as Sold per 100g)											
Brand	Product	Energy (kcal)	Protein (g)	Carbohydrate (g)	Sugars (g)	Dietary fibre (g)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Sodium (mg)	
Magnum	Magnum Chocolate Truffle	357	4.3	31.4	27.1	1.4	20.0	12.9	0.45	0	
	Magnum Hazelnut	354	4.4	32.3	30.0	1.7	22.1	12.7	0.45	63	
	Magnum Almond	361	5.7	30.0	28.6	1.4	24.3	14.0	0.71	0	
	Magnum Biscuits	357	4.7	31.4	27.3	2.1	23.6	14.6	0.71	0	
Cornetto	Cornetto Choco Vanilla	272	4.9	35.7	27.3	1.8	12.3	7.5	Nil	83	
	Cornetto Double Chocolate	280	3.4	30.2	24.0	1.4	16.2	9.9	0.09	35	
	Cornetto Crunchy Butterscotch	305	3.4	30.9	27.7	0.6	18.6	11.9	0.11	46	
	Cornetto Disc Black forest	328	3.5	35.6	29.1	1.6	19.1	12.0	0.13	44	
	Cornetto Disc Oreo	332	4.0	40.7	28.3	0.9	17.1	10.3	0.12	68	
	Cornetto Disc Unicornetto	338	4.5	39.7	29.5	0.8	18.0	10.8	0.05	46	
	Cornetto Mini Chocolate	321	5.4	42.1	27.5	2.9	14.6	9.3	0.07	107	
	Cornetto Mini Butterscotch	371	5.4	44.3	30.0	2.5	8.6	12.1	0.10	118	
	Lemon Blast	81	0.0	20.4	18.9	0.0	0.0	0.0	Nil	4	
	Pataka	135	0.2	28.2	16.3	0.2	2.6	1.7	0.00	6	
Kid's Edible Ice/Frozen Desserts	Orange Maha Bar	81	0.0	20.0	19.7	0.0	0.0	0.0	0.00	0	
	Cola Blast	81	0.0	20.4	18.9	0.0	0.0	0.0	Nil	0	
	Cadbury Gem Blast	252	3.5	33.1	29.0	1.4	11.4	7.6	0.07	52	
	Cloud Bite Mango & Raspberry	113	0.0	27.8	24.4	0.9	0.7	0.4	0.00	2	
Feast	Feast Chocobar -mini	267	2.7	24.3	22.7	0.7	20.7	14.3	0.10	43	
	Feast Chocobar	278	2.6	24.0	21.8	0.2	19.2	13.4	0.60	48	
	Feast Chocolate	405	3.0	35.8	29.0	1.2	28.1	20.2	0.14	60	
	Feast Fruit N Nut	388	3.7	36.8	29.3	1.6	25.1	17.0	0.11	53	
	Feast Raspberry Zap	152	1.4	27.5	25.8	0.4	2.5	2.5	Trace	23	
	Feast Mango Zap	146	1.4	25.8	24.6	0.2	4.2	2.5	Trace	23	
	Pista Kulfli	288	4.0	26.8	22.4	0.2	18.4	12.6	0.20	58	
	Shahi Kulfli	219	3.8	26.7	22.6	0.2	11.0	7.1	0.31	62	
Kulfi	Kesar Kulfli	238	4.9	25.3	22.7	0.4	12.9	7.6	0.40	67	
	Resar Kulfli	238	4.9	25.3	22.7	0.4	12.9	7.6	0.40	67	
Creamy Delights	Creamy Delights Mango -700ml/1500ml/4000ml	196	3.5	24.2	21.7	0.2	9.4	5.4	0.00	50	
	Creamy Delights Mango -90ml	195	3.5	24.2	21.9	0.2	9.3	5.6	0.00	51	
	Creamy Delights Vanilla Strawberry (700ml/1500ml/4000ml)	175	3.8	21.3	19.0	0.2	8.3	4.4	0.00	40	
	Creamy Delights Vanilla Strawberry - 90ml	174	3.7	21.2	19.1	0.2	8.4	4.4	0.00	40	
	Creamy Delights Crunchy Butterscotch -700ml/1500ml/4000ml	238	3.6	30.6	27.4	0.2	11.3	5.9	0.00	51	
	Creamy Delights Crunchy Butterscotch 90ml	240	3.5	30.4	27.5	0.2	11.5	6.0	0.00	52	
	Creamy Delights Kesar Pista -700ml/4000ml	221	4.2	24.5	21.3	0.4	11.7	6.2	0.00	53	
	Creamy Delights Kesar Pista - 90ml	221	4.2	24.6	21.3	0.4	11.7	6.3	0.00	52	
	Creamy Delights Tutti Fruity	200	3.8	28.8	24.6	1.7	7.7	4.4	0.04	52	
	Creamy Delights Strawberry 700ml/1500ml/4000ml	211	3.6	25.3	22.5	0.2	10.6	5.3	0.00	55	
	Creamy Delights Strawberry 90ml	213	3.8	25.4	22.5	0.2	10.6	5.4	0.00	54	
	Creamy Delights Chocolate -700ml/4000ml	215	3.8	25.7	21.5	1.1	10.9	6.4	0.00	49	
	Creamy Delights Chocolate - 90ml	217	3.8	25.6	21.5	1.3	10.8	6.5	0.00	48	
	Creamy delights - Fruit and nut (700ml/1500ml/4000ml)	228	4.2	26.4	22.5	0.4	11.7	6.0	0.00	51	
	Creamy delights - Fruit and nut - 90ml	227	4.2	26.5	22.5	0.4	11.7	6.0	0.00	52	
	Creamy delights Black current and raisins-90ml	217	3.5	27.9	24.2	0.4	10.0	6.8	0.00	52	
	Creamy delights Black current and raisins 700ml, 1400ml, 4000ml	215	3.6	27.6	24.0	0.4	10.0	5.9	0.00	51	
	Creamy delights Vanilla (700ml/1500ml/4000ml)	211	3.6	25.3	22.5	0.2	10.6	5.3	0.00	55	
	Creamy Delights Vanilla - 90ml	213	3.8	25.4	22.5	0.2	10.6	5.4	0.00	54	
	Kwality Wall's Tubs	Kwality Walls Cassata	242	5.4	30.3	20.5	1.1	11.1	5.1	0.30	49
Kwality Walls Vanilla Classic		178	3.7	21.1	18.9	0.0	8.5	4.4	0.00	37	
Kwality Walls Sun Kissed Crème caramel		225	3.6	30.8	25.1	0.2	9.8	5.5	0.04	49	
Kwality Walls Darkly Divine Chocolate Ganache		238	4.2	31.3	23.8	1.5	10.6	7.2	0.06	45	
Kwality Walls Twice as nice Fruit and Nut		242	4.5	29.3	24.3	0.6	11.9	6.0	0.06	53	
Kwality Walls Sweetie Pie Strawberry Cheese Cake		213	3.2	32.1	25.3	0.9	7.9	4.7	0.04	53	
Kwality Walls Oreo and Cream		238	3.8	28.9	23.8	0.6	11.9	6.6	0.08	89	
Kwality Walls Vanilla Softy Can - 5kg		175	3.8	21.3	19.0	0.2	8.3	4.4	0.00	40	
Sandwich		Kwality Walls Sandwich Chocolate and Vanilla	323	5.0	45.0	23.5	1.0	13.7	9.4	0.10	71

Kwality Wall's Nutrition information (Typical values, per serve)									
Serving size (g)	Energy (kcal)	Protein (g)	Carbohydrate (g)	Sugars (g)	Dietary fibre (g)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Sodium (mg)
70	222	3.0	22.0	19.0	1.0	14.0	9.0	0.30	0
70	248	3.1	22.6	21.0	1.2	16.2	9.6	0.30	44
70	253	4.0	21.0	20.0	1.0	17.0	9.8	0.50	0
70	250	3.3	22.0	19.1	1.5	16.5	10.2	0.50	0
65	177	3.2	23.2	17.8	1.2	8.0	4.9	Nil	54
65	182	2.2	19.6	15.6	0.9	10.5	6.4	0.06	23
65	198	2.2	20.1	18.0	0.4	12.1	7.7	0.07	30
75	246	2.6	26.7	21.8	1.2	14.3	9.0	0.10	33
75	249	3.0	30.5	21.2	0.7	12.8	7.7	0.09	51
74	250	3.3	29.4	21.8	0.6	13.3	8.0	0.04	34
28	90	1.5	11.8	7.7	0.8	4.1	2.6	0.02	30
28	104	1.5	12.4	8.4	0.7	5.4	3.4	0.03	33
52	42	0.0	10.6	9.8	0.0	0.0	0.0	Nil	2
54	73	0.1	15.2	8.8	0.1	1.4	0.9	0.00	3
67	54	0.0	13.4	13.2	0.0	0.0	0.0	0.00	0
52	42	0.0	10.6	9.8	0.0	0.0	0.0	Nil	0
29	73	1.0	7.6	9.6	0.4	3.3	2.2	0.02	15
45	51	0.0	12.5	11.0	0.4	0.3	0.2	0.00	1
30	88	0.8	7.3	6.8	0.2	6.2	4.3	0.03	13
50	139	1.3	12.0	10.9	0.1	9.6	6.7	0.03	24
57	231	1.7	20.4	16.5	0.7	16.0	11.5	0.08	34
57	221	2.1	21.0	16.7	0.9	14.3	9.7	0.06	30
52	79	0.7	14.3	13.4	0.2	2.1	1.3	Trace	12
52	76	0.7	13.4	12.8	0.1	2.2	1.3	Trace	12
50	144	2.0	13.4	11.2	0.1	9.2	6.3	0.10	29
42	92	1.6	11.2	9.5	0.1	4.6	3.0	0.13	26
45	107	2.2	11.4	10.2	0.2	5.8	3.4	0.18	30
48	94	1.7	11.6	10.4	0.1	4.5	2.6	0.00	24
43	84	1.5	10.4	9.4	0.1	4.0	2.4	0.00	22
48	84	1.8	10.2	9.1	0.1	4.0	2.1	0.00	19
43	75	1.6	9.1	8.2	0.1	3.6	1.9	0.00	17
53	126	1.9	16.2	14.5	0.1	6.0	3.1	0.00	27
48	115	1.7	14.6	13.2	0.1	5.5	2.9	0.00	25
53	117	2.2	13.0	11.3	0.2	6.2	3.3	0.00	28
48	106	2.0	11.8	10.2	0.2	5.6	3.0	0.00	25
48	96	1.8	13.8	11.8	0.8	3.7	2.1	0.02	25
53	112	1.9	13.4	11.9	0.1	5.6	2.8	0.00	29
48	102	1.8	12.2	10.8	0.1	5.1	2.6	0.00	26
53	114	2.0	13.6	11.4	0.6	5.8	3.4	0.00	26
48	104	1.8	12.3	10.3	0.6	5.2	3.1	0.00	23
53	121	2.2	14.0	11.9	0.2	6.2	3.2	0.00	27
48	109	2.0	12.7	10.8	0.2	5.6	2.9	0.00	25
48	104	1.7	13.4	11.6	0.2	4.8	2.8	0.00	25
53	114	1.9	14.6	12.7	0.2	5.3	3.1	0.00	27
53	112	1.9	13.4	11.9	0.1	5.6	2.8	0.00	29
48	102	1.8	12.2	10.8	0.1	5.1	2.6	0.00	26
65	157	3.5	19.7	13.3	0.7	7.2	3.3	0.02	32
27	48	1.0	5.7	5.1	0.0	2.3	1.2	0.00	10
53	119	1.9	16.3	13.3	0.1	5.2	2.9	0.02	26
53	126	2.2	16.6	12.6	0.8	5.6	3.8	0.03	24
53	128	2.4	15.5	12.9	0.3	6.3	3.2	0.03	28
53	113	1.7	17.0	13.4	0.5	4.2	2.5	0.02	28
53	126	2.0	15.3	12.6	0.3	6.3	3.5	0.04	47
48	84	1.8	10.2	9.1	0.1	4.0	2.1	0.00	19
52	168	2.6	23.4	12.2	0.5	7.1	4.9	0.05	37